

**DUI Integrated Treatment Team (DITT) Program
PARTICIPANT CONTRACT
TRACK F**

Name: _____

Date: _____

Mission Statement

The mission of the DITT program is to provide a collaborative approach to substance abuse treatment and probation supervision, while promoting public safety, individual responsibility, reduced recidivism, and improvement in the lives of participants.

Incentives & Sanctions

The DITT team uses incentives and sanctions to respond to client behavior. Incentives will be given in recognition of compliance and progress in treatment. Sanctions will be imposed upon those found to be noncompliant or in violation of program rules. These responses will be implemented as soon as possible in an effort to maximize their impact. Sanctions will be graduated, meaning that repeated infractions will result in more significant responses from the team. Participants are required to appear for Monthly DITT Review with the DITT Judge and DITT Non-Compliance Reviews when in violation of program rules. Participants will be notified by their team, regarding the date/time of their required DITT review.

Sanctions can be imposed by your Probation Officer, the DITT Coordinator, or in some instances the Court. Clients not in agreement with a sanction imposed by their team can consult with legal counsel and petition the Court at any time.

Some incentives used by the team include:

- Praise from the treatment team
- Gift cards
- Movie tickets or activity passes
- Promotion to the next phase
- Permission to travel

Possible sanctions that can be imposed by the team include:

- Essays or writing assignments
- Community Service

Possible sanctions that can be imposed by the Court include:

- Workenders, Work Crew or Work Release
- Straight jail time

Drug Screens

Since helping clients achieve and maintain sobriety is one of the main goals of the DITT program, participants will be tested frequently for drug and alcohol use. Drug testing is generally done using urine screens. However, other means of monitoring sobriety may also be used, including saliva samples, breathalyzers, and SCRAM. *Urine screens will be observed to ensure results are valid.* Participants are responsible for the costs of testing, unless other arrangements have been made with your Probation Officer.

Positive, missed, dilute, altered or refused screens will be considered positive and subject to sanction. If for some reason you miss a drug screen, *you should inform your Probation Officer immediately and submit as soon as possible.*

NOTE: Urine specimens with creatinine levels below 20 mg/dl or above 400mg/dl will be considered invalid and subject to sanction.

You are ultimately responsible for ensuring the screens you provide are valid. You should be aware that prescription drugs, over-the-counter medications, herbal remedies, and dietary or energy supplements can affect your test results. As such, it is strongly advised you learn how the ingredients of a given medicine or supplement might impact results before you start taking them.

Prescription Drug Use

All participants will be expected to inform their health care providers of their participation in an intensive treatment program so that informed decisions can be made when prescription medications are being considered. In the event that prescription medications are deemed necessary, participants should make every effort to obtain a non-narcotic alternative, if one is available. Should you be placed on a prescription medication, you must notify your Probation Officer within 24 hours. Failure to do so will result in a sanction.

NOTE: In an effort to ensure full disclosure, participants are required to provide their health care provider with the DITT Doctor's Notice when attending medical or dental appointments, provided by the Probation Officer. This form contains the Probation Officer's contact information and requires the doctor's signature.

Participants with a history of abusing prescription drugs, or who have been prescribed potentially habit-forming medications, may be subject to additional requirements. These may include:

- Being restricted to one prescribing physician
- Agreeing to work with your physician to discontinue use of a potentially habit-forming medication
- Authorizing the release of medical information from any new providers

NOTE: Marijuana use of any kind is strictly prohibited by DITT participants.

“Designer” Drug Use

The possession or consumption of any “designer” drugs such as “Spice,” “bath salts,” “Kratom,” etc., whether purchased legally or illegally, is strictly prohibited and subject to sanction. Such substances are often sold or marketed under false pretenses and labeled “Not for Human Consumption,” though they are purchased for the purpose of getting a “high.”

Program Phases

There are five phases to the DITT program. While the program can be completed in as few as 18 months, successful completion typically takes a bit longer. Each phase must be successfully completed before you can advance to the next phase. DITT participants are required to appear for a DITT review when advancing to the next phase of the DITT program.

The phase lengths below represent the minimum amount of time required before advancing to the next phase. Advancement is not “automatic,” and is contingent on several factors including stability, attendance and participation in treatment, drug screen results, progress in recovery, and other relevant factors. Decisions regarding advancement will be made collaboratively by the team members.

Occasionally, clients have unique circumstances that call for special consideration regarding program expectations. Such situations will be considered on a case-by-case basis. *Any modifications to phase or treatment requirements must be approved by the treatment team.*

Entry & Orientation (Minimum of 6 weeks)

- Attend once monthly Court reviews with the DITT Judge
- Attend all team reviews, as deemed necessary
- Attend all scheduled probation meetings
- Review and sign Terms and Conditions of Probation with Probation Officer
- Submit drug screens (UA’s, BA’s, swabs, etc.) as directed
- Attend drug/alcohol evaluation and intake appointment(s)
- Attend all weekly treatment appointments as identified by assigned treatment provider(s)
- Contact Work Release and schedule and/or attend orientation for the Boulder County Jail Work Release Program
- Be employed or actively seeking employment, or engaged in education or vocational training

Phase 1: Stability (Minimum of 8 weeks)

- Attend once monthly Court reviews with the DITT Judge

- Attend all team reviews, as deemed necessary
- Attend all scheduled probation meetings
- Comply with Terms and Conditions of Probation
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified by your treatment provider(s)
- Identify and attend community support groups and/or pro-social activities as identified by the DITT
- Begin to formulate a safe and sober plan for housing/transition to day reporting
- Meet with Collections Investigator to establish a payment plan with the Court
- Be employed or actively seeking employment, or engaged in education or vocational training

Phase 2: Foundation (Minimum of 14 weeks)

- Attend once monthly Court reviews with the DITT Judge
- Attend all team reviews, as deemed necessary
- Attend all scheduled probation meetings
- Comply with Terms and Conditions of Probation
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified by your treatment provider(s)
- Attend all required community support groups and/or pro-social activities as identified by the DITT
- Have a safe and sober housing plan in place
- Meet with Community Service Case Manager
- Be employed or actively seeking employment, or engaged in education or vocational training, and/or starting community service
- Demonstrate a substantial pattern of sobriety as determined by the DITT

Phase 3: Skill Building (Minimum of 16 weeks)

- Attend all team reviews, as deemed necessary
- Attend all scheduled probation meetings
- Comply with Terms and Conditions of Probation
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified by your treatment provider(s)
- Collaborate with the DITT to create at least one Specific Personal Growth Objective (meaning service plan goal) that can be shared with the group
- Present your Personal Growth Objective (i.e. progress made towards one meaningful service plan goal) at your Phase IV review
- Formulate Budget Plan with probation/treatment agency if treatment balance is over \$100
- Maintain stable and sober housing arrangement

- Attend all required community support groups and/or pro-social activities as identified by the DITT
- Be employed or actively seeking employment, or engaged in education or vocational training, and/or community service
- Demonstrate a substantial pattern of sobriety as determined by the DITT, and begin to demonstrate regular use of recovery tools acquired in treatment

Phase 4: Success Planning (Minimum of 16 weeks)

- Attend once monthly Court reviews with the DITT Judge, as deemed appropriate by the DITT Team
- Attend all team reviews, as deemed necessary
- Attend all scheduled probation meetings
- Comply with Terms and Conditions of Probation
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified by your treatment provider(s)
- Complete the MADD panel
- Complete Recovery Maintenance Plan ("Success Plan") with treatment provider, prior to Phase 5, and submit to the DITT for approval
- Present your Success Plan to your DITT Team at Phase V review
- Be in good financial standing with treatment provider; readdress Budget Plan with probation/treatment agency if treatment balance is over \$100
- Maintain sober and stable housing arrangement
- Continue working towards community service hours
- Attend all required community support groups and/or pro-social activities as identified by the DITT
- Be employed or actively seeking employment, or engaged in education or vocational training
- Demonstrate a substantial pattern of sobriety as determined by the DITT, and continue to demonstrate regular use of recovery tools (minimum of 30 days continuous sobriety prior to Phase 5 advancement)

Phase 5: Change Maintenance (Minimum of 18 weeks)

- Attend once monthly Court reviews with the DITT Judge, as deemed appropriate by the DITT Team
- Attend all team reviews, as deemed necessary
- Attend all scheduled probation meetings
- Comply with Terms and Conditions of Probation
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend treatment appointments as identified by your treatment provider(s)
- Attend all required community support groups and/or pro-social activities as identified by the DITT

- Complete community service and other special conditions of probation (i.e. MADD, Domestic Violence Treatment, etc.) per case plan
- Maintain a sober and stable housing arrangement
- Pay treatment balance in full, or have developed payment plan with treatment agency
- Demonstrate financial stability established through work, entitlement payments, etc.
- Demonstrate a substantial pattern of sobriety (minimum of 90 days) with no positive, missed, or diluted drug screens; demonstrate consistent recovery behavior and lifestyle with decreased accountability measures

Note: Please remember, the 18 month Track F Treatment Program length is only an ****estimation,**** as the length of the program will be dependent on clients attendance, progress, etc. In addition, please note that Track F/Level II Four Plus “competencies” are not to be confused with DITT Phases. If you have questions about your DITT Phase and treatment alignment with Track F Competencies, please reach out to your treatment provider for clarification.

Graduation Criteria

In order to be eligible for graduation, the following criteria must be met:

1. You have completed all required treatment and progressed through the DITT program phases within a reasonable period of time;
 - 180 hours of treatment over a minimum of 18 months
2. You are in compliance with all of the Terms and Conditions of Probation;
3. You are able to demonstrate appropriate emotional regulation skills;
4. You are able to support yourself financially through legal means;
5. You have maintained a stable living situation that is supportive of your sobriety;
6. You have developed a support system that can help you maintain sobriety and assist you with any problems that may arise;
7. You have developed a long-term sobriety plan that has been approved by the team;
8. You have paid all costs not waived by the Court in full, or have signed a financial responsibility contract with the Collections Investigator;
9. You have made all efforts to pay your treatment balance in full, or have entered into a financial contract/agreement with your treatment provider;
10. You have completed all community service hours and all other special conditions of probation including MADD panel, Domestic Violence Treatment (if applicable), etc.;
11. You have not submitted to any positive, missed, or diluted drug screens within 90 days of your graduation date, and have demonstrated a pattern of sobriety that indicates growth and stability in recovery.

Note: All participants are required to appear at a DITT review, in recognition of your completion of the DITT program. You will be advised of your scheduled graduation date/time by the DITT.

Post-Graduation Supervision

When you graduate from the DITT program, the team will review your performance and make recommendations to the Court. The Court could terminate your probation, place you on unsupervised probation or keep you on active supervision. These decisions will be made on an individual, case-by-case basis. It is important to note that the better you do throughout the program, the more likely you will be considered for early termination or unsupervised probation. In order to terminate probation early the Court is required to find that you have successfully completed your treatment program, complied with the terms and conditions of your probation, and early termination of your probation would not endanger public safety.

Termination from the Program

Participants may be terminated from the program for a variety of reasons, including:

- Committing a new crime that has been identified as a disqualifying offense
- Violating one or more Terms and Conditions of Probation
- Frequent or ongoing use of substances
- Continuing to provide positive drug screens
- Noncompliance with treatment
- Absconding from probation supervision

Dismissal from the DITT program is at the discretion of the team. Upon termination, the participant's case will likely return to regular criminal court.

Acknowledgement

By signing below, I acknowledge that I have read, or have had explained to me, the contents of this contract. I also acknowledge that I have received a copy of the DITT Participant Handbook and have read it in full.

Participant

Date

Probation Officer

Date