

**Women's DUI Integrated Treatment Court
PARTICIPANT CONTRACT**

Name: _____

Date: _____

Mission & Overview

The mission of the Women's DUI Integrated Treatment Court (DITC) is to integrate substance abuse treatment, intensive supervision, and substantial judicial oversight to promote public safety and individual responsibility, to reduce the potential for further driving offenses and to improve the quality of life for women and their families.

The purpose of the DITC is to help women to develop the skills necessary to attain long-term sobriety. You will work closely with a counselor to assess your treatment goals and address any barriers you might have toward recovery. You will progress through three phases in order to successfully complete the program.

Incentives & Sanctions

Frequent court reviews afford the DITC team the opportunity to respond quickly to participants' behaviors, whether positive or negative. Women who demonstrate progress in treatment may be given rewards. Those participants who continue to use substances or violate program rules will be subject to sanctions.

Incentives given will include free time or passes, movie tickets, gift cards, bus passes, reduced fines and costs, or the reduction of a previous sanction.

Sanctions imposed will include community service, day reporting, work crew or work release, electronic home monitoring (EHM), or straight jail time.

Drug Screens

Since achieving and maintaining sobriety is one of the main goals of the DITC, participants will be tested frequently for drug and alcohol use. Drug testing is generally done using urine screens, saliva samples, and breathalyzers. Other mechanisms used to monitor sobriety may include SCRAM, Antabuse, hair follicle tests, or other procedures approved by the court. *Urine screens will be observed to ensure results are valid.* Participants are responsible for the costs of testing, unless other arrangements have been made with your probation officer or treatment provider.

Positive, missed, altered or refused screens will be considered positive and subject to sanction. If for some reason you miss a drug screen, *you should inform your probation officer immediately and submit as soon as possible.*

NOTE: Urine specimens with creatinine levels below 20 mg/dl or above 400mg/dl will be considered invalid and subject to sanction.

Prescription Drug Use

All participants will be expected to inform their health care providers of their addiction issues so that informed decisions can be made when prescription medications are being considered. In the event that prescription medications are deemed necessary, participants should make every effort to obtain a non-narcotic alternative, if one is available. Should you be placed on a prescription medication, you must notify your probation officer within 24 hours. Failure to do so will result in a sanction.

Participants with a history of abusing prescription drugs, or who have been prescribed potentially habit-forming medications, may be subject to additional requirements. These may include:

- Being restricted to one prescribing physician.
- Agreeing to work with your physician to discontinue use of a potentially habit-forming medication.

NOTE: Individuals may not possess a medical marijuana certificate while in the program.

Program Phases

There are three phases to the DUI ITC program. While the program can be completed in as few as 12 months, successful completion typically takes an average of 13-18 months. Each phase must be successfully completed before you can advance to the next phase.

The phase lengths below represent the **minimum** amount of time required before advancing to the next phase. Advancement is not “automatic,” and is contingent on several factors including stability, attendance and participation in treatment, sobriety, progress in recovery, and other relevant factors. The DUI ITC Judge in consultation with other team members will make decisions regarding advancement.

Occasionally, clients have unique circumstances that call for special consideration regarding program expectations. Such situations will be considered on a case-by-case basis. *The Judge and/or the DDUI ITC team must approve any modifications to phase or treatment requirements.*

Phase 1: ORIENTATION PHASE (minimum of 12 weeks):

Phase I is the starting point of your involvement in the DUI ITC. It is during this period that you will enter work release for 84 days and make initial contact with your probation officer and treatment provider. The length of time in Phase I and

your stay in work release (84 days) though seemingly about the same length of time, are not related. Your Phase I and work release time are not related.

During this first phase, you are expected to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit to all requested monitoring (UA, BA, swabs, etc.) as directed
- Comply with all goals and rules of your work release program including regular attendance to meetings with your case manager.
- Attend all weekly treatment appointments as identified in your treatment plan. This weekly schedule usually includes:
 - Two groups per week (Including Level II Education)
 - Individual therapy- 1/2 hour
 - Attend community support groups on days that no other treatment contacts are scheduled

Phase 2: RELAPSE PREVENTION PHASE (minimum of 12 weeks):

During this phase, you are expected to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit to all requested monitoring (UA, BA, ETG's, swabs, etc.) as directed
- Comply with all goals and rules of your Day Reporting program including regular attendance to meetings with your case manager.
- Attend all weekly treatment appointments at the ARC as identified in your treatment plan. These may include:
 - Two groups per week
 - Individual therapy (at least once per month)
- Attend community support groups on days that no other treatment contacts are scheduled

Phase 3: MAINTENANCE AND SOBER LIVING (minimum of 24 weeks):

Congratulations. You are half way through the DUI ITC! You should be proud of your accomplishments thus far. Toward the end of this phase, other participants will look to you for leadership and support. Upon completion of this phase, you will be eligible for graduation. In Phase 3 you are required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, ETG's, swabs, etc.) as directed
- Attend all weekly treatment appointments. These may include:
 - A minimum of three (3) community support groups
 - At least one women's group per week
 - At least one individual session with your counselor per month.
 - Any other services as agreed upon in your case plan

Graduation Criteria

In order to be eligible for graduation, the following criteria must be met:

- 1) You have completed all required treatment and progressed through the phases within a reasonable period of time;
- 2) You have completed all of the terms and conditions of probation;
- 3) Your efforts toward establishing a solid pattern of consistent sobriety should be showing considerable improvement in all significant areas of your life.
- 4) You are gainfully and consistently employed or in a vocational /academic training program.
- 5) You have maintained a stable living situation that is supportive to your sobriety.
- 6) You will prepare a written assignment, which shows that you understand the seriousness of drinking and driving and why it is important for you to remain in recovery from alcohol and/or other addictive substances.
- 7) You have a definitive continuing care plan that may include community support meetings, mental health care, outpatient counseling, or group attendance.
- 8) You have paid all costs not waived by the court in full, or have signed a financial responsibility contract with the Collections Investigator.

Termination from the DITC

Participants may be terminated from the program for a variety of reasons, including:

- Voluntary withdrawal by the participant
- Committing a new crime that has been identified as a disqualifying offense
- Violating one or more terms and conditions of probation
- Frequent or ongoing use of illegal substances
- Noncompliance with treatment
- Absconding from probation supervision

Dismissal from the DITC is at the discretion of the Judge. Upon termination, the participant's case will return to regular criminal court.

Acknowledgement

By signing below, I acknowledge that I have read, or have had explained to me, the contents of this contract. I also acknowledge that I have received a copy of the Women's DITC Participant Handbook.

Participant

Date

Probation Officer

Date