# Adult Integrated Treatment Court

# Participant Handbook

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#### AITC CONTACT INFORMATION

#### **Court Locations:**

1777 6<sup>th</sup> Street, Boulder 1035 Kimbark, Longmont

#### **AITC Coordinators:**

Annie Destito Christina Orlowski

#### **Treatment Agencies:**

Mental Health Partners (Boulder) 1000 Alpine Ave., Boulder, CO 80304 Contact Person: Debbie Laner Phone: 720-406-3695

Behavioral Treatment Services (Boulder) 1790 30<sup>th</sup> Street # 245 Boulder 80301 Contact Person: Olivia Leneve Phone: (303) 449-1566

#### **AITC Probation Officers:**

Paloma Gilman (Probation Supervisor) Bonnie Bakes (Probation Supervisor)

(720) 564-2564 (720) 564-2560

Annie Destito Allison Dunn Brooklyn Harris Hailey Schleuger Madison York (720) 664-1711 or cell (303) 877-8627 (303) 818-9525 (720) 376-3364 (303) 906-7015 (303) 514-7190

#### **Substance Use Monitoring:**

<u>Boulder</u> UABACO 2850 Iris Ave Suite N Boulder, CO 80301 Office Phone: 970-685-4238 **Client Call-in Line: (303) 785-6174**  <u>Longmont</u> UABACO 700 Ken Pratt Blvd, Suite 121 Longmont, CO 80504 Office Phone: (970) 292-8882 Ext 4 **Client Call-in Line: (303) 785-6174** 

Hours:

UABACO Longmont: Monday-Saturday 11:00 a.m. – 9:00 p.m. (Must arrive by 8:30 p.m. to test) UABACO Boulder: Monday – Saturday: 11:00 a.m. – 9:00 p.m. (Must arrive by 8:30 p.m. to test) Sundays: 11:00 a.m. -6:00 p.m.

(303) 441-3750 (720) 564-2522

(303) 501-4509

(720) 664-1711 or cell (303) 877-8627

Mental Health Partners (Longmont)

**Contact Person: Britney Peterson** 

Phone: (303) 245-4482

529 Coffman St., Longmont CO 80501

#### WELCOME!

Welcome to the 20<sup>th</sup> Judicial District Adult Integrated Treatment Court (AITC). This handbook is designed to provide you with all of the information you need to be successful in the program. It should serve as a valuable resource during your involvement with the program.

The AITC is a voluntary program that takes approximately 15 - 18 months to complete. As a participant in the AITC, you are expected to comply with the following:

- The instructions given to you by the Judge in court
- The terms and conditions of your probation
- The rules of the AITC, as outlined below
- The case plan developed by your treatment team

#### **MISSION & OVERVIEW**

The mission of the Integrated Treatment Court is to integrate substance abuse treatment, intensive supervision, and substantial judicial oversight to promote public safety and individual responsibility, to reduce crime, and to improve the quality of life for participants and their families.

The purpose of the AITC is to help participants to develop the skills necessary to attain long-term sobriety. Participants must progress through five phases in order to successfully complete the program.

#### AITC TEAM

The AITC Judge makes all final decisions about your participation and progress in the program. These decisions will be based on information provided by other team members in regularly held staffings that precede all court appearances. In addition to the Judge, the AITC team consists of:

*District Attorney*: The AITC prosecutor represents the people of the 20<sup>th</sup> Judicial District.

*Public Defender or private defense counsel (your attorney)*: The defense attorney advises participants on legal matters.

*AITC Coordinator*: The coordinator works closely with the Judge, probation officers, and treatment providers in overseeing the program's day-to-day operations. The coordinator also works with other community agencies and housing programs to ensure clients have the resources they need to be successful in the program.

*Probation Officers*: You will be assigned a probation officer who is part of the AITC team. Your probation officer is your primary contact person and is also the primary source of information to the AITC team regarding your status in the program.

*Treatment Providers*: AITC participants will enroll in treatment through Mental Health Partners or Center for Change. Your treatment provider is also part of the AITC team and will provide regular updates regarding your status in treatment.

*Other service providers:* Some AITC participants will receive supportive services from programs such as Boulder County Department of Housing & Human Services and alternative sentencing programs such as Day Reporting and Work Release. These programs will be in regular contact with the AITC regarding your progress.

## AITC PROGRAM RULES

All AITC participants must abide by the terms and conditions of probation as well as all conditions outlined in the AITC contract that was reviewed and signed upon entry. These rules are summarized as follows:

- 1. Abstain from the use of prohibited drugs and alcohol.
- 2. Submit to all drug screens as ordered by my probation officer, treatment provider, or the Court and comply with the AITC Monitoring Contract.
- 3. Inform my health care providers of my substance abuse history so that they can make informed decisions regarding the use of prescription medications and comply with the AITC Prescription Drug Policy, including signing information releases allowing information exchange between my AITC treatment team and my health care providers.
- 4. Attend court dates, treatment sessions, and probation meetings as scheduled.
- 5. Be present to all treatment sessions on time. I understand that if I am 10 minutes late (or more), this is considered a missed treatment session.
- 6. Refrain from association with those using or possessing illegal substances.
- 7. Secure safe and sober housing and will not move from an approved residence without permission from my Probation Officer. A sober house means one free from substances that may put my sobriety at risk, including, but not limited to, alcohol, marijuana, and/or prescription drugs.
- 8. Inform my probation officer and treatment provider of any changes in my address or phone number immediately.
- 9. Comply with any other conditions as outlined in the terms and conditions of probation as well as those outlined in the AITC Participant Handbook.

### CONFIDENTIALTY

State and federal laws require that your privacy be protected. You will be asked to sign a consent and waiver so that the team members can share information in order to plan your treatment and monitor your progress in the program.

#### AITC COURT HEARINGS

Upon entering the AITC, participants will typically attend court every other week. Occasionally, participants experiencing difficulty may be required to attend weekly, at least temporarily. As you advance through the phases, you will likely have fewer court appearances. *Participants are expected to attend all court appearances, and a warrant for your arrest will be issued if you fail to appear*.

#### SUBSTANCE USE MONITORING

Substance testing generally consists of urine screens and saliva tests. However, alternative testing may be employed at the discretion of the team. *Urine screens will be observed to ensure results are valid*. Participants are responsible for the costs of testing, unless other arrangements have been made with your probation officer.

Positive, missed, altered or refused screens will be considered positive and subject to sanction. *Urine samples with creatinine levels below 20 mg/dl ("dilute") or above 400 mg/dl will be considered invalid and subject to sanction.* 

You are ultimately responsible for ensuring the screens you provide are valid. You should be aware that prescription drugs, over-the-counter medications, herbal remedies, and dietary or energy supplements can affect your test results and may be prohibited from possession or use. If unsure of how a given medicine or supplement might impact test results, it is important to consult your probation officer before you start taking them.

#### PRESCRIPTION DRUG USE

In an effort to help participants learn how to have open discussions with their medical providers about their addiction history, participants are required to provide their health care provider with the ITC Doctor's Notice when attending medical or dental appointments. This form requires the provider's signature and contact information. Participants must bring the signed ITC Doctor's Notice to their next court review. We highly encourage all participants to keep a copy of the Doctor's notice with them so that they will have it when needed (your Probation Officer can provide an electronic copy upon request so that participants may have one in their email). Failure to provide the Doctor's notice may result in a sanction.

If prescription medications are deemed necessary, participants should make every effort to obtain a non-narcotic/non-abusable alternative, if one is available. Should a participant be placed on a prescription medication, <u>they must notify</u> <u>their probation officer prior to taking the medication</u>. In the event of an <u>emergency</u>, notification can take place the next business day after taking the <u>medication</u>. Failure to do so will result in a sanction.

Participants with a history of abusing prescription drugs, or who have been prescribed potentially habit-forming medications, may be subject to additional requirements. These may include:

- Phase delay or graduation delays
- Medication counts and verification checks by their Probation Officer
- Being restricted to one prescribing physician
- Agreeing to work with your physician to discontinue use of a potentially habit-forming medication
- Upon discontinuation of any medication, the medication must be provided to the Probation Officer, in the original bottle with the label attached and all pills/medications in the bottle. You may not dispose of any medication on your own or it will be considered a violation of the medication policy

If a participant is in phase 5 and is prescribed narcotic or abusable medications, their advancement toward graduation will be delayed until the medication is no longer being taken. In this event, participants must have at least 30 days of sobriety (including being free from the prescription medication causing the delay) prior to being eligible for graduation.

Abuse, misuse, or distribution of medications is strictly prohibited and may be grounds for termination from the program.

## **MEDICATION-ASSISTED TREATMENT (MAT)**

The AITC team works closely with local treatment agencies that provide medication-assisted treatment (MAT.) Medication-assisted treatment combines behavioral therapy with medications to treat substance use disorders. Most commonly, it involves the use of buprenorphine (Suboxone), methadone, naltrexone (Vivitrol), or Sublocade for the treatment of opioid use disorders.

If you are on medication-assisted treatment while in the program, you will be required to comply with the MAT contract. This contract may require monitored dosing of suboxone and methadone at designated providers in the community until otherwise approved by the AITC team. Participants who are prescribed MAT will be tested on a regular basis for these substances and any abnormalities in these tests will be reported to the MAT provider and may be subject to sanction by the AITC team. Abuse, misuse, or illegal distribution of MAT medications is strictly prohibited and may be grounds for termination from the program. If you are interested in being evaluated for medication-assisted treatment, please inform your treatment provider and Probation Officer.

## **Cannabinoids/THC Derivatives**

Marijuana use of any kind, recreational or medical, is prohibited while participating in the program. The same applies to any cannabinoid, cannabinoid-like product, as well as THC derivatives. The <u>presence</u> of THC in your system will be sanctioned regardless of the product that may have caused the result.

## **"DESIGNER" DRUG USE**

The possession or consumption of any "designer" drugs or alternative products such as "Spice"; "Bath Salts"; "Kratom"; "Mamba"; etc., whether purchased legally or illegally, is strictly prohibited and subject to sanction. Such substances are often sold or marketed under false pretenses and labeled "Not for Human Consumption," though they are purchased for the purpose of getting a "high."

### **INCENTIVES AND SANCTIONS**

Frequent court reviews provide the AITC team with the opportunity to respond quickly to participants' behaviors, whether positive or negative. Participants who demonstrate compliance and progress in treatment may be given rewards. Those participants who continue to use substances or violate program rules may be subject to sanctions.

Incentives may include:

- Praise by the judge and the team
- Gift certificates and gift cards
- Movie tickets or activity passes
- Promotion to the next phase

Possible sanctions may include:

- Writing assignments
- Community Service
- \*Day Reporting
- \*Work Crew
- \*Work Release
- \*Electronic Home Monitoring
- \*Straight jail time

\*Sometimes the AITC team may recommend that a participant complete a jail or

jail-alternative sentence like work crew, electronic home monitoring, day reporting, or work release. When a jail sanction is recommended, the Probation Department will notify you before the start of Court of the violation(s) and the length and type of jail sentence that is to be imposed. At this time, you will have the ability to speak with a Public Defender about the proposed sanction. You will be notified in advance of the sentence that you have the right to accept or reject the sanction. Shall you accept the sanction, it will be imposed immediately. Shall you reject the sanction, you are subject to the filing of a detainer (arrest) and complaint or issuance of a summons and complaint. The complaint will be heard in Division 13 on a different date at which time you will be advised of your rights, including your right to an attorney.

#### THE FIVE PHASES OF THE AITC

There are five phases to the AITC program. While the program can be completed in as few as 15 months, successful completion typically takes an average of 18 - 20months. Each phase must be successfully completed before you can advance to the next phase.

The phase lengths below represent the minimum amount of time required before advancing to the next phase. Advancement is not "automatic," and is contingent on several factors including stability, attendance and participation in treatment, drug screen results, progress in recovery, and other relevant factors. Pending full compliance with the phase requirements, phase progression will occur at *regularly scheduled AITC hearings*. This means that you may have to wait until after your sobriety requirement is met and your phase eligibility to move phases. The final decision regarding phase advancement is made by the Judge.

Occasionally, clients have unique circumstances that call for special consideration regarding program expectations. Such situations will be considered on a case-by-case basis. *Any modifications to phase or treatment requirements must be approved by the Judge and/or the AITC team.* 

COURT REVIEWS: You are expected to appear on time for your court status reviews and to be prepared to give the Judge an honest update on how things are going.

PROBATION: Your probation officer is your primary contact person in the AITC. In your initial meetings, your probation officer will review the terms and conditions of probation as well as the requirements of the AITC program. Your PO will also assign you to a drug testing agency and review reporting instructions. You will be meeting with your PO regularly to discuss your employment status, home situation, etc. Your PO will also be doing home checks and employment checks periodically. DRUG SCREENS: You are required to submit to any testing ordered by your probation officer or the Court. Monitoring is typically done through urine or saliva tests; however, you may be required to submit to other testing methods such as SCRAM monitoring, etc. Even if you are concerned that your test may come back positive, it is very important that you submit anyway!

TREATMENT: Your treatment intake will be scheduled upon acceptance into the AITC. After it is completed, you will be instructed as to the treatment and support groups you will be expected to attend. As this is a treatment court, this aspect of the program remains a priority throughout your involvement in AITC. The degree of your investment in treatment will be considered a critical measure of your progress in the program. It is important to know that if you are 10 minutes late to treatment (or more) that this is considered a <u>missed treatment</u> <u>session</u>. However, if you have opportunity and availability to participate in a session, the team will take that into consideration when making the decision for a sanction. "Makeup sessions" are still be considered a missed treatment session. Throughout the program, you will maintain three treatment contacts per week. In the late phases of the program, this may be adjusted according to the recommendations of the treatment team.

INPATIENT TREATMENT CREDIT: If you attend inpatient treatment while you are in the program, you will receive partial credit for phase progression in the program <u>upon successful completion of inpatient treatment</u>. Partial credit is calculated to be 2/3 of the number of weeks you are in treatment. For example, if you enter a 90 day inpatient treatment center, you will get ITC credit for 60 days. If you enter a 21 day program, you will get phase credit for 14 days. Upon your return in any phase, you will be required to meet the sobriety requirement for eligibility to progress to the next phase.

SUPPORT GROUPS: Support groups include AA/NA, church groups, The Phoenix, meetings with your sponsor, and other activities that are related to supporting your recovery. You will be expected to document all community support groups on the Support Group Attendance Verification Form. This form requires you obtain a signature for each activity or meeting attended. *You will be expected to bring this form with you every time you come to court.* 

HOUSING: One important aspect of being successful in the AITC is a safe and sober living situation. If you are experiencing difficulty in this area, the AITC team will make every effort to assist you in finding a more suitable living arrangement. You should be aware that, if no other alternatives are available, work release may be used as a temporary solution until other housing arrangements can be made.

EMPLOYMENT/EDUCATION/TRAINING: The structure provided by a set schedule can be very beneficial, particularly for those in the early stages of recovery. In addition to other program requirements, you will be expected to find and maintain suitable employment, or to be attending school or a vocational/training program. (Exceptions to this requirement may include those unable to work due to disability, etc.)

FINANCIAL OBLIGATIONS: You will be responsible for meeting any financial obligations to the court as well as to treatment providers. Treatment will be provided at a nominal cost for your first 90 days in the program, after which it will be provided on a sliding fee scale. Failure to make satisfactory arrangements to meet these obligations can result in the denial of treatment. You should inform your probation officer and/or treatment provider if you are experiencing financial problems.

#### Phase 1: ORIENTATION PHASE (minimum of 2 weeks):

Orientation is the starting point of your involvement in the AITC. It is during this period that you will make initial contact with your probation officer, treatment provider, and monitoring agency.

During Orientation, you are expected to:

- Attend all scheduled court appearances: Appear to your court reviews on time, and be prepared to provide the Judge with an honest update on how things are going.
- Attend all scheduled probation meetings: During this phase, your probation officer will review the requirements of the program including employment, housing, etc.
- Submit all drug screens as directed: Your probation officer will assign you a testing agency and review reporting instructions. Even if you are concerned that your test may come back positive, it is very important that you submit anyway! Especially during Phase 1, your probation will not be terminated for positive drug tests, provided you submit consistently. You should note, however, that continued or new use may result in sanctions.
- Attend drug/alcohol evaluation and intake appointments and begin attending assigned individual therapy and groups.
- Attend community support groups on days that no other treatment contacts are scheduled:

In Phase 1, you will be expected to attend a support group or activity on each day you do not have an individual or group treatment session scheduled. You will be expected to document all community support groups on the Support Group/12 Step Attendance Verification form. This form requires you obtain a signature for each activity or meeting attended. You will be expected to bring this form with you every time you come to court.

#### Phase 2: STABILITY PHASE (minimum of 12 weeks):

During Stability Phase you must:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified in your treatment plan. These may include:
  - Two groups per week (Recovery Skills, Readiness Group, or Relapse Prevention, treatment as deemed appropriate by your team)
  - Individual therapy
  - Community support groups or pro-social activities: In Phase 2, you will be expected to attend at least four (4) support groups per week, and document your attendance on the Support Group/12 Step Attendance Verification form. You will be expected to bring this form with you every time you come to court.

Your honesty in Court and your participation and investment in your treatment will be considered by the team as indicators of your progress in the program.

SOBRIETY REQUIREMENT: To be eligible for promotion to Phase 3, you must have thirty (30) consecutive days of sobriety and be making progress in your recovery.

#### Phase 3: SOBER LIVING SKILLS PHASE (minimum of 24 weeks):

During this phase you are required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified in your treatment plan. These may include:
  - Two groups per week (DBT, SSIC, CBT and gender specific group)
  - Individual/family/couples therapy per case plan
  - Any other treatment ordered by the court (domestic violence classes, parenting classes, etc.)
  - Three (3) hours of community support groups or pro-social activities (you are required to bring your support group verification form to Court)

NOTE: Participants required to complete other types of treatment, such as domestic violence treatment or treatment related to a DUI/DWAI charge, must begin this treatment no later than halfway through Phase 3. Progress will be monitored by Probation and reported to the Court.

SOBRIETY REQUIREMENT: To be eligible for promotion to Phase 4, you must have thirty (30) consecutive days of sobriety and be making progress in your recovery.

#### *Phase 4: RELAPSE PREVENTION (minimum of 12 weeks):*

During the Relapse Prevention Phase you will be required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, swabs, etc.) as directed
- Attend all treatment appointments as identified in your treatment plan. These may include:
  - Weekly relapse prevention group
  - Individual treatment per case plan
  - Three (3) community support groups or pro-social activities per week (you are required to bring your support group verification form to Court)

SOBRIETY REQUIREMENT: To be eligible for promotion to Phase 5, you must have thirty (30) consecutive days of sobriety and be making progress in your recovery.

#### *Phase 5: MAINTENANCE PHASE (minimum of 12 weeks):*

Phase 5 is the final phase of the program. At this phase, other participants will look to you for leadership and support. Upon completion of this phase, you will be eligible for graduation. In Phase 5, you are required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, swabs, etc.) as directed
- Attend all weekly treatment appointments. These may include:
  - Three (3) community support groups or pro-social activities per week (you are required to bring your support group verification form to Court)
  - $\circ$  Other treatment per case plan

SUPPORT GROUPS: As you approach graduation, your connection to a support system will become increasingly important in your efforts to maintain long-term sobriety. While you will be required to attend at least three (3) support groups per week, it is recommended you work closely with your treatment provider and/or sponsor to ensure the have an adequate support system in place.

SOBRIETY REQUIREMENT: To be eligible for graduation, you must have attained at least 90 days of continuous sobriety, except for the approved use of prescribed medications as outlined in the "Prescription Drug Use" section on pages 6-7. *Any dilute or missed UA's will result in being regressed to the beginning of Phase 5.* 

### **GRADUATION CRITERIA**

In order to be eligible for graduation, the following criteria must be met:

- 1. You have completed all required treatment and progressed through the phases within a reasonable period of time;
- 2. You have completed all of the terms and conditions of probation;
- 3. You are mentally and emotionally stable;
- 4. You are able to support and maintain yourself financially through legal means;
- 5. You have maintained a stable living situation that is supportive of your sobriety;
- 6. You have developed a support system that can help you maintain sobriety and assist you with any problems that may arise;
- 7. You have attained at least 90 days of demonstrated continuous sobriety, and developed a long-term sobriety plan that has been approved by the Court;
- 8. You have paid all costs not waived by the court in full, or have signed a financial responsibility contract with the Collections Investigator.

# VOLUNTARY WITHDRAWAL

Admission to the AITC program is on a voluntary basis, the participant must voluntarily agree to participate in the program and cannot be ordered to do so. Upon admission to the program, participation in AITC will become a term and condition of the participant's probation sentence. Any exit from the program (aside from graduation) will require the participant to return to court, at which time they will be subject to resentencing at the discretion of the Court and the attorneys involved in the case.

## **TERMINATION FROM THE PROGRAM**

Participants may be terminated from the program for a variety of reasons, including:

- Committing a new crime, including a disqualifying offense
- Violating one or more terms and conditions of probation
- Frequent or ongoing use of prohibited substances, including but not limited to illegal drugs, "designer" drugs, alcohol, or prescription drugs
- Noncompliance with treatment
- Absconding from the program and probation supervision
- Failing to progress in treatment within a reasonable time

Dismissal from the AITC is at the discretion of the Judge. Upon termination, the participant's case will return to regular criminal court.

# **CONTINUING CARE**

The AITC team strongly recommends that participants remain involved in support groups and other activities that will assist them in their ongoing recovery efforts once they exit the program. In an effort to assist with this, the AITC team will work with clients throughout the program to help establish more permanent connections in the community that are supportive of their recovery outside of the AITC.

## **USEFUL COMMUNITY RESOURCES**

Alcoholics Anonymous, Boulder Area www.bouldercountyaa.org	(303) 447-8201
Boulder Bridge House www.boulderbridgehouse.org	(303) 442-8300
Boulder County Dept. of Housing & Human Services – www.bould Boulder: Longmont:	dercounty.org (303) 441-1000 (303) 678-6000
Boulder County Housing Authority www.bouldercounty.org	(303) 441-3929
Boulder Housing Partners www.boulderhousing.org	(720) 564-4610
Boulder Shelter for the Homeless, Boulder www.bouldershelter.org	(303) 442-4646
Boulder Valley Women's Health Center, Boulder www.boulderwomenshealth.org	(303) 442-5160
Boulder Vet Center (Veterans Administration) www.va.gov	(303) 440-7306
Clinica, Lafayette www.clinica.org	(303) 650-4460
Community Food Share, Longmont www.communityfoodshare.org	(303) 652-3663
Division of Motor Vehicles, Boulder www.colorado.gov	(303) 442-3006
Emergency Family Assistance Association (EFAA) www.efaa.org	(303) 442-3042
Hopelight Medical Clinic, Longmont -Offering extremely low-cost sliding scales, takes Medicaid www.hopelightclinic.org	(303) 776-7117
LifeRing Colorado (Secular recovery meetings) www.liferingcolorado.org	(303) 319-2465
Longmont Housing Authority www.longmonthousing.org	(303) 651-8581
Mental Health Partners – www.mhpcolorado.org Boulder: Longmont:	(303) 443-8500 (303) 684-0555

Crisis Line (24 hrs) Sexual Assault Hotline	1 (844) 493-8255 (303) 443-7300
National Suicide Prevention Lifeline	1 (800) 273-8255
Narcotics Anonymous, Boulder Area www.naboulder.org	(303) 412-2884
OUR Center Day Shelter, Longmont www.ourcenter.org	(303) 772-5529
People's Clinic, Boulder www.clinica.org	(303) 650-4460
People Ready (Labor), Longmont www.peopleready.com	(303) 651-6722
Recovery Café, Longmont www.recoverycafelongmont.org	(720) 815-2885
Recovery Dharma (Buddhist Recovery Meetings) www.recoverydharma.org	
RTD Information www.rtd-denver.com	(303) 229-6000
Safehouse Progressive Alliance, Boulder 24 Hour Crisis Line: www.safehousealliance.org	(303) 449-8623 <b>(303) 444-2424</b>
Safe Shelter of St. Vrain Valley, Longmont 24 Hour Crisis Line: www.safeshelterofstvrain.org	(303) 772-0432 <b>(303) 772-4422</b>
Salud Family Health Centers, Longmont www.saludclinic.org	(303) 697-2583
Sister Carmen Community Center, Lafayette www.sistercarmen.org	(303) 665-4342
Veterans Crisis Line www.veteranscrisisline.net	1 (800) 273-8255 (press 1)
Withdrawal Management (Detox)	(303) 441-1281
Workforce Boulder County Boulder/Longmont: www.wfbc.org	(720) 776-0822