

# Adult Integrated Treatment Court

## Participant Handbook

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## AITC CONTACT INFORMATION

### Court Locations:

1777 6<sup>th</sup> Street, Boulder  
1035 Kimbark, Longmont

### Phone Number:

(303) 441-3750  
(720) 564-2522

### Treatment Agencies:

Mental Health Partners (Boulder)  
1000 Alpine Ave., Boulder, CO 80304  
Contact Person: Sam Raymond  
Phone: (303) 245-4491

Mental Health Partners (Longmont)  
529 Coffman St., Longmont CO 80501  
Contact Person: David Remmert  
Phone: (303)245-4480

Center for Change (Boulder)  
5600 Arapahoe, Suite 100  
Boulder 80303  
Contact Person: Bob Bell  
Phone: (303) 449-1566

Center for Change (Longmont)  
1225 Ken Pratt Blvd, Suite 200  
Longmont, CO 80501  
Contact Person: Bob Bell  
Phone: (303) 772-3382

### AITC Probation Officers:

Paloma de Oliveira (Probation Supervisor)

(720) 564-2564

Annie Destito  
Allison Dunn  
Souky Latrache  
Levi Pederson

(303) 441-4724  
(720) 564-2516  
(303) 906-7015  
(303) 441-3713

### Substance Use Monitoring:

#### Boulder

Intervention  
5600 Arapahoe, Suite 100  
Boulder, CO 80303  
Office Phone: (303) 544-1840  
**Client Call-in Line: (303) 785-6174**

#### Longmont

UABACO  
700 Ken Pratt Blvd, Suite 121  
Longmont, CO 80504  
Office Phone: (970) 292-8882 Ext 4  
**Client Call-in Line: (303) 785-6174**

#### Hours:

##### Intervention:

Monday – Friday            7:00 AM – 12:00 PM; 1:00 PM – 6:00 PM (must sign in by 5:30 PM)  
Saturday                    12:00 PM – 6:00 PM (must sign in by 5:30 PM)  
Sunday                        Closed

UABACO: Monday-Saturday 11 a.m. – 12:00 a.m. (Must arrive by 11:30 p.m. to test)

## **WELCOME!**

Welcome to the 20<sup>th</sup> Judicial District Integrated Treatment Court (AITC). This handbook is designed to provide you with all of the information you need to be successful in the program. It should serve as a valuable resource during your involvement with the program.

The AITC is a voluntary program that takes approximately 15 – 18 months to complete. As a participant in the AITC, you are expected to comply with the following:

- The instructions given to you by the Judge in court
- The terms and conditions of your probation
- The rules of the AITC, as outlined below
- The case plan developed by your treatment team

## **MISSION & OVERVIEW**

The mission of the Integrated Treatment Court is to integrate substance abuse treatment, intensive supervision, and substantial judicial oversight to promote public safety and individual responsibility, to reduce crime, and to improve the quality of life for participants and their families.

The purpose of the AITC is to help participants to develop the skills necessary to attain long-term sobriety. Participants must progress through five phases in order to successfully complete the program.

## **AITC TEAM**

The AITC Judge makes all final decisions about your participation and progress in the program. These decisions will be based on information provided by other team members in regularly held staffings that precede all court appearances. In addition to the Judge, the AITC team consists of:

*District Attorney:* The AITC prosecutor represents the people of the 20<sup>th</sup> Judicial District.

*Public Defender or private defense counsel (your attorney):* The defense attorney advises participants on legal matters.

*AITC Coordinator:* The coordinator works closely with the Judge, probation officers, and treatment providers in overseeing the program's day-to-day operations. The coordinator also works with other community agencies and housing programs to ensure clients have the resources they need to be successful in the program.

*Probation Officers:* You will be assigned a probation officer who is part of the AITC team. Your probation officer is your primary contact person, and is also the primary source of information to the AITC team regarding your status in the program.

*Treatment Providers:* AITC participants will enroll in treatment through Mental Health Partners or Center for Change. Your treatment provider is also part of the AITC team and will provide regular updates regarding your status in treatment.

*Other service providers:* Some AITC participants will receive supportive services from programs such as Boulder County Department of Housing & Human Services and alternative sentencing programs such as Day Reporting and Work Release. These programs will be in regular contact with the AITC regarding your progress.

## **AITC PROGRAM RULES**

All AITC participants must abide by the terms and conditions of probation as well as all conditions outlined in the AITC contract that was reviewed and signed upon entry. These rules are summarized as follows:

1. Abstain from the use of prohibited drugs and alcohol.
2. Submit to all drug screens as ordered by my probation officer, treatment provider, or the Court and comply with the AITC Monitoring Contract.
3. Inform my health care providers of my substance abuse history so that they can make informed decisions regarding the use of prescription medications and comply with the AITC Prescription Drug Policy, including signing information releases allowing information exchange between my AITC treatment team and my health care providers.
4. Attend court dates, treatment sessions, and probation meetings as scheduled.
5. Refrain from association with those using or possessing illegal substances.
6. Inform my probation officer and treatment provider of any changes in my address or phone number immediately.
7. Comply with any other conditions as outlined in the terms and conditions of probation as well as those outlined in the AITC Participant Handbook.
8. Secure safe and sober housing, and will not move from an approved residence without permission from my Probation Officer. A sober house means one free from substances that may put my sobriety at risk, including, but not limited to, alcohol, marijuana, and/or prescription drugs.

## **CONFIDENTIALTY**

State and federal laws require that your privacy be protected. You will be asked to sign a consent and waiver so that the team members can share information in order to plan your treatment and monitor your progress in the program.

## **AITC COURT HEARINGS**

Upon entering the AITC, participants will typically attend court every other week. Occasionally, participants experiencing difficulty may be required to attend weekly, at least temporarily. As you advance through the phases, you will likely have fewer court appearances. *Participants are expected to attend all court appearances, and a warrant for your arrest will be issued if you fail to appear.*

## **SUBSTANCE USE MONITORING**

Drug testing is generally consists of urine screens and saliva tests. However, alternative testing may be employed at the discretion of the team. *Urine screens will be observed to ensure results are valid.* Participants are responsible for the costs of testing, unless other arrangements have been made with your probation officer.

Positive, missed, altered or refused screens will be considered positive and subject to sanction. *Urine samples with creatinine levels below 20 mg/dl (“dilute”) or above 400 mg/dl will be considered invalid and subject to sanction.*

You are ultimately responsible for ensuring the screens you provide are valid. You should be aware that prescription drugs, over-the-counter medications, herbal remedies, and dietary or energy supplements can affect your test results and may be prohibited from possession or use. If unsure of how a given medicine or supplement might impact test results, it is important to consult your probation officer before you start taking them.

## **PRESCRIPTION DRUG USE**

All participants will be expected to inform their health care providers of their addiction issues so that informed decisions can be made when prescription medications are being considered. In the event that prescription medications are deemed necessary, participants should make every effort to obtain a non-narcotic alternative, if one is available. Should you be placed on a prescription medication, you must notify your probation officer immediately. Failure to do so will result in a sanction.

NOTE: Participants are required to provide their health care provider with the ITC Doctor’s Notice when attending medical or dental appointments. This form requires the provider’s signature. Participants must bring the signed ITC Doctor’s Notice to the next court review following their doctor’s appointment.

Participants with a history of abusing prescription drugs, or who have been prescribed potentially habit-forming medications, may be subject to additional requirements. These may include:

- Being restricted to one prescribing physician.
- Agreeing to work with your physician to discontinue use of a potentially habit-forming medication.

## **MEDICATION-ASSISTED TREATMENT (MAT)**

The AITC team works closely with local treatment agencies that provide medication-assisted treatment (MAT.) Medication-assisted treatment combines behavioral therapy with medications to treat substance use disorders. Most commonly, it involves the use of buprenorphine (Suboxone), methadone, or naltrexone (Vivitrol) for the treatment of opioid use disorders.

If you are interested in being evaluated for medication-assisted treatment, please inform your treatment provider and Probation Officer.

## **MARIJUANA**

Marijuana use of any kind, recreational or medical, is prohibited while participating in the program.

## **“DESIGNER” DRUG USE**

The possession or consumption of any “designer” drugs such as “Spice,” “Bath Salts,” “Kratom”, etc., whether purchased legally or illegally, is strictly prohibited and subject to sanction. Such substances are often sold or marketed under false pretenses and labeled “Not for Human Consumption,” though they are purchased for the purpose of getting a “high.”

## **INCENTIVES AND SANCTIONS**

Frequent court reviews afford the AITC team the opportunity to respond quickly to participants’ behaviors, whether positive or negative. Participants who demonstrate compliance and progress in treatment may be given rewards. Those participants who continue to use substances or violate program rules may be subject to sanctions.

Incentives may include:

- Praise by the judge and the team
- Gift certificates and gift cards

- Movie tickets or activity passes
- Promotion to the next phase

Possible sanctions may include:

- Writing assignments
- Community Service
- Day Reporting
- Work Crew
- Work Release
- Straight jail time

## **THE FIVE PHASES OF THE AITC**

There are five phases to the AITC program. While the program can be completed in as few as 15 months, successful completion typically takes an average of 18 – 20 months. Each phase must be successfully completed before you can advance to the next phase.

The phase lengths below represent the minimum amount of time required before advancing to the next phase. Advancement is not “automatic,” and is contingent on several factors including stability, attendance and participation in treatment, drug screen results, progress in recovery, and other relevant factors. Decisions regarding advancement will be made by the AITC Judge in consultation with other team members.

Occasionally, clients have unique circumstances that call for special consideration regarding program expectations. Such situations will be considered on a case-by-case basis. *Any modifications to phase or treatment requirements must be approved by the Judge and/or the AITC team.*

**COURT REVIEWS:** You are expected to appear on time for your court status reviews and to be prepared to give the Judge an honest update on how things are going.

**PROBATION:** Your probation officer is your primary contact person in the AITC. In your initial meetings, your probation officer will review the terms and conditions of probation as well as the requirements of the AITC program. Your PO will also assign you to a drug testing agency and review reporting instructions. You will be meeting with your PO regularly to discuss your employment status, home situation, etc. Your PO will also be doing home checks and employment checks periodically.

**DRUG SCREENS:** *You are required to submit to any testing ordered by your probation officer or the Court.* Monitoring is typically done through urine or



saliva tests; however, you may be required to submit to other testing methods such as SCRAM monitoring, etc. *Even if you are concerned that your test may come back positive, it is very important that you submit anyway!*

**TREATMENT:** Your treatment intake will be scheduled upon acceptance into the AITC. After it is completed, you will be instructed as to the treatment and support groups you will be expected to attend. As this is a treatment court, this aspect of the program remains a priority throughout your involvement in AITC. The degree of your investment in treatment will be considered a critical measure of your progress in the program. Throughout the program, you will maintain three treatment contacts per week. In the latter phases, this may be adjusted according to the recommendations of the treatment team.

**SUPPORT GROUPS:** Support groups include AA/NA, church groups, Phoenix Multisport, meetings with your sponsor, and other activities that are related to supporting your recovery. You will be expected to document all community support groups on the Support Group Attendance Verification Form. This form requires you obtain a signature for each activity or meeting attended. *You will be expected to bring this form with you every time you come to court.*

**HOUSING:** One important aspect of being successful in the AITC is a safe and sober living situation. If you are experiencing difficulty in this area, the AITC team will make every effort to assist you in finding a more suitable living arrangement. *You should be aware that, if no other alternatives are available, work release may be used as a temporary solution until other housing arrangements can be made.*

**EMPLOYMENT/EDUCATION/TRAINING:** The structure provided by a set schedule can be very beneficial, particularly for those in the early stages of recovery. In addition to other program requirements, you will be expected to find and maintain suitable employment, or to be attending school or a vocational/training program. (Exceptions to this requirement may include those unable to work due to disability, etc.)

**FINANCIAL OBLIGATIONS:** You will be responsible for meeting any financial obligations to the court as well as to treatment providers. Treatment will be provided at a nominal cost for your first 90 days in the program, after which it will be provided on a sliding fee scale. Failure to make satisfactory arrangements to meet these obligations can result in the denial of treatment. You should inform your probation officer and/or treatment provider if you are experiencing financial problems.

*Phase 1: ORIENTATION PHASE (minimum of 2 weeks):*

Orientation is the starting point of your involvement in the AITC. It is during this period that you will make initial contact with your probation officer, treatment provider, and monitoring agency.

During Orientation, you are expected to:

- Attend all scheduled court appearances:  
Appear to your court reviews on time, and be prepared to provide the Judge with an honest update on how things are going.
- Attend all scheduled probation meetings:  
During this phase, your probation officer will review the requirements of the program including employment, housing, etc.
- Submit all drug screens as directed:  
Your probation officer will assign you a testing agency and review reporting instructions. Even if you are concerned that your test may come back positive, it is very important that you submit anyway! Especially during Phase I, your probation will not be terminated for positive drug tests, provided you submit consistently. You should note, however, that continued or new use may result in sanctions.
- Attend drug/alcohol evaluation and intake appointments and begin attending assigned individual therapy and groups.
- Attend community support groups on days that no other treatment contacts are scheduled:

In Phase I, you will be expected to attend a support group or activity on each day you do not have an individual or group treatment session scheduled. You will be expected to document all community support groups on the Support Group/12 Step Attendance Verification form. This form requires you obtain a signature for each activity or meeting attended. You will be expected to bring this form with you every time you come to court.

*Phase 2: STABILITY PHASE (minimum of 12 weeks):*

During Stability Phase you must:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified in your treatment plan. These may include:
  - Two groups per week (Recovery Skills, Readiness Group, or Relapse Prevention)
  - Individual therapy
  - Community support groups or pro-social activities: In Phase 2, you will be expected to attend at least four (4) support groups per week, and document your attendance on the Support Group/12 Step

Attendance Verification form. *You will be expected to bring this form with you every time you come to court.*

Your honesty in Court and your participation and investment in your treatment will be considered by the team as indicators of your progress in the program. **SOBRIETY REQUIREMENT:** To be eligible for promotion to Phase 3, you must have thirty (30) consecutive days of sobriety and be making progress in your recovery.

*Phase 3: SOBER LIVING SKILLS PHASE (minimum of 24 weeks):*

During this phase you are required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA's, BA's, swabs, etc.) as directed
- Attend all weekly treatment appointments as identified in your treatment plan. These may include:
  - Two groups per week (DBT, SSIC, CBT and gender specific group)
  - Individual/family/couples therapy per case plan
  - Any other treatment ordered by the court (domestic violence classes, parenting classes, etc.)
  - Three (3) hours of community support groups or pro-social activities (*you are required to bring your support group verification form to Court*)

NOTE: Participants required to complete other types of treatment, such as domestic violence treatment or treatment related to a DUI/DWAI charge, must begin this treatment no later than halfway through Phase 3. Progress will be monitored by Probation and reported to the Court.

**SOBRIETY REQUIREMENT:** In order to be eligible for promotion to Phase 4, you must have demonstrated a substantial pattern of sobriety as determined by the treatment team.

*Phase 4: RELAPSE PREVENTION (minimum of 12 weeks):*

During the Relapse Prevention Phase you will be required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, swabs, etc.) as directed
- Attend all treatment appointments as identified in your treatment plan. These may include:
  - Weekly relapse prevention group
  - Individual treatment per case plan

- Three (3) community support groups or pro-social activities per week (*you are required to bring your support group verification form to Court*)

**SOBRIETY REQUIREMENT:** In order to be eligible for promotion to Phase 5, you must have demonstrated a substantial pattern of sobriety as determined by the treatment team.

*Phase 5: MAINTENANCE PHASE (minimum of 12 weeks):*

Phase 5 is the final phase of the program. At this phase, other participants will look to you for leadership and support. Upon completion of this phase, you will be eligible for graduation. In Phase 5, you are required to:

- Attend all scheduled court appearances
- Attend all scheduled probation meetings
- Submit drug screens (UA, BA, swabs, etc.) as directed
- Attend all weekly treatment appointments. These may include:
  - Three (3) community support groups or pro-social activities per week (*you are required to bring your support group verification form to Court*)
  - Other treatment per case plan

**SUPPORT GROUPS:** As you approach graduation, your connection to a support system will become increasingly important in your efforts to maintain long-term sobriety. While you will be required to attend at least three (3) support groups per week, it is recommended you work closely with your treatment provider and/or sponsor to ensure the have an adequate support system in place.

**SOBRIETY REQUIREMENT:** To be eligible for graduation, you must have attained at least 90 days of continuous sobriety. *Any dilute or missed UA's will result in being regressed to the beginning of Phase 5.*

## **GRADUATION CRITERIA**

In order to be eligible for graduation, the following criteria must be met:

1. You have completed all required treatment and progressed through the phases within a reasonable period of time;
2. You have completed all of the terms and conditions of probation;
3. You are mentally and emotionally stable;
4. You have obtained all necessary medical and dental assistance;
5. You are able to support and maintain yourself financially through legal means;
6. You have maintained a stable living situation that is supportive of your sobriety;

7. You have developed a support system that can help you maintain sobriety and assist you with any problems that may arise;
8. You have attained at least 90 days of demonstrated continuous sobriety, and developed a long-term sobriety plan that has been approved by the Court;
9. You have paid all costs not waived by the court in full, or have signed a financial responsibility contract with the Collections Investigator.

## **VOLUNTARY WITHDRAWAL**

Admission to the AITC program is on a voluntary basis, the participant must voluntarily agree to participate in the program and cannot be ordered to do so. Upon admission to the program, participation in AITC will become a term and condition of the participant's probation sentence. Any exit from the program (aside from graduation) will require the participant to return to court, at which time they will be subject to resentencing at the discretion of the Court and the attorneys involved in the case.

## **TERMINATION FROM THE PROGRAM**

Participants may be terminated from the program for a variety of reasons, including:

- Committing a new crime that has been identified as a disqualifying offense
- Violating one or more terms and conditions of probation
- Frequent or ongoing use of prohibited substances
- Noncompliance with treatment
- Absconding from probation supervision

Dismissal from the AITC is at the discretion of the Judge. Upon termination, the participant's case will return to regular criminal court.

## **CONTINUING CARE**

The AITC team strongly recommends that those who successfully complete the program remain involved in support groups and other activities that will assist them in their ongoing recovery efforts. Graduates are also encouraged to maintain their connection with the AITC by attending AITC alumni activities and graduation ceremonies.

## USEFUL COMMUNITY RESOURCES

Alcoholics Anonymous, Boulder Area <a href="http://www.bouldercountyaa.org">www.bouldercountyaa.org</a>	(303) 447-8201
Boulder Bridge House <a href="http://www.boulderbridgehouse.org">www.boulderbridgehouse.org</a>	(303) 442-8300
Boulder County Dept. of Housing & Human Services – <a href="http://www.bouldercounty.org">www.bouldercounty.org</a> Boulder: Longmont:	(303) 441-1000 (303) 678-6000
Boulder County Housing Authority <a href="http://www.bouldercounty.org">www.bouldercounty.org</a>	(303) 441-3929
Boulder Housing Partners <a href="http://www.boulderhousing.org">www.boulderhousing.org</a>	(720) 564-4610
Boulder Shelter for the Homeless, Boulder <a href="http://www.bouldershelter.org">www.bouldershelter.org</a>	(303) 442-4646
Boulder Valley Women’s Health Center, Boulder <a href="http://www.boulderwomenshealth.org">www.boulderwomenshealth.org</a>	(303) 442-5160
Boulder Vet Center (Veterans Administration) <a href="http://www.va.gov">www.va.gov</a>	(303) 440-7306
Community Food Share, Longmont <a href="http://www.communityfoodshare.org">www.communityfoodshare.org</a>	(303) 652-3663
Division of Motor Vehicles, Boulder <a href="http://www.colorado.gov">www.colorado.gov</a>	(303) 442-3006
Emergency Family Assistance Association (EFAA) <a href="http://www.efaa.org">www.efaa.org</a>	(303) 442-3042
Labor Ready, Boulder <a href="http://www.laborready.com">www.laborready.com</a>	(303) 499-9288
Longmont Housing Authority <a href="http://www.longmontha.com">www.longmontha.com</a>	(303) 651-8581
Mental Health Partners – <a href="http://www.mhpcolorado.org">www.mhpcolorado.org</a> Boulder: Longmont: <b>Crisis Line (24 hrs)</b>	(303) 443-8500 (303) 684-0555 <b>(303) 447-1665</b>
<b>National Suicide Prevention Lifeline</b>	<b>1 (800) 273-8255</b>
Narcotics Anonymous, Boulder Area <a href="http://www.naboulder.org">www.naboulder.org</a>	(303) 412-2884

OUR Center Day Shelter, Longmont www.ourcenter.org	(303) 772-5529
People's Clinic, Boulder www.clinica.org	(303) 650-4460
RTD Information www.rtd-denver.com	(303) 229-6000
Safehouse Progressive Alliance, Boulder <b>24 Hour Crisis Line:</b> www.safehousealliance.org	(303) 449-8623 <b>(303) 444-2424</b>
Safe Shelter of St. Vrain Valley, Longmont <b>24 Hour Crisis Line:</b> www.safeshelterofstvrain.org	(303) 772-0432 <b>(303) 772-4422</b>
Salud Family Health Centers, Longmont www.saludclinic.org	(303) 697-2583
Sister Carmen Community Center www.sistercarmen.org	(303) 665-4342
<b>Veterans Crisis Line</b> <b>www.veteranscrisisline.net</b>	<b>1 (800) 273-8255 (press 1)</b>
Workforce Boulder County Boulder: Longmont: www.wfbc.org	(303) 301-2900 (303) 651-1510