

1st Judicial District



RECOVERY COURT

PARTICIPANT HANDBOOK

MISSION STATEMENT

The mission of the 1st Judicial District County Recovery Court is to promote safe communities and rehabilitate offenders through judicial accountability, application of best practices in treatment, and enhanced supervision. Clients will be recognized as individuals, treated with respect, and held accountable to allow full opportunity for recovery from CHEMICAL DEPENDENCY and enjoyment of life as a productive, law-abiding citizen.



OVERVIEW

Welcome to the 1st Judicial District Recovery Court! This program was created to give individuals with felony offenses an opportunity to address their chemical dependency, and break the cycle of substance use and crime. The program has been developed to help you achieve total abstinence from illicit drugs. The Recovery Court is voluntary and is designed for those who are motivated for independence and personal responsibility.

This handbook is designed to answer questions, provide general information, and explain requirements of the program. You will also be provided with additional documents such as a calendar, Recovery Court team contact information, and some helpful resources. We ask that you keep other important information with this handbook such as your Recovery Court contract, other terms and conditions of probation, releases of information, and UA receipts.

Please read this handbook carefully. It is your responsibility to understand the expectations of the Recovery Court team. If you have additional questions or concerns, please contact your Probation Officer, the Recovery Court Coordinator, treatment provider or attorney. We encourage you to share this information with your friends and family who support you in recovery.

PROGRAM DESCRIPTION

The 1st Judicial District Recovery Court program involves frequent Court appearances, strong judicial involvement, and a team approach to your supervision and sobriety. You will be required to make regular Court appearances, participate in intensive substance abuse treatment, submit to random drug testing, and participate in self-help meetings, along with other conditions as required by the Court to help you meet your goal of achieving sobriety. The Court provides incentives and/or rewards for positive behavior, as well as sanctions for non-compliance with program rules.



THE COURT

The Recovery Court Judge serves as the lead member of the Recovery Court team and presides at all team staffing and Court hearings. The Judge and other team members will make all decisions regarding your participation in the program based on input from the various team members, providers and other support services. Before your Court hearing, the Judge will be given an update on your progress by members of the Recovery Court team. During this case review the team will discuss your drug testing results, cooperation in treatment, employment, or other requirements that may have been imposed. The team will also discuss any progress or obstacles you may have encountered, which could result in rewards or sanctions.

As a participant of the Recovery Court, you will be required to appear in court on a regular basis. As you progress through the program, your appearances will be less frequent. Failure to appear will result in a warrant being issued for your arrest. No matter what struggles you may have encountered throughout the week, it is vital to show up to your Court appearance on Friday to discuss these struggles with the Recovery Court team. During your hearing, you will speak for yourself and are encouraged to ask the Judge any questions you may have, as well as voice concerns and/or accomplishments. When attending Court, please remember these ground rules:

- **Attend all court hearings on time. If you are late, you will not be called until the end of the docket. If docket is completed before you arrive, a warrant will be issued for your arrest.**
- **Dress appropriately**
- **Refrain from the use of profanity**
- **Address the Judge and Recovery Court team with courtesy and respect**
- **Show support and encouragement to fellow participants**
- **Remain in Court until dismissed by the Judge**
- **Do not bring children to your hearings unless given prior permission from the Judge or your Probation Officer**
- **Turn your cell phone off and put away during court**
- **Do not bring backpacks to court.**

TEAM MEMBERS

The Recovery Court team is comprised of a number of different members from various agencies.

The **District Attorney** reviews each case and determines participants who are legally eligible for participation in the program. They are required to contact any and all victims in the case, make sentencing recommendations to the Court and attend all team staffing.

Defense Counsel, or the Public Defender, will consult with participants regarding their legal rights when entering the program. They will meet with the District Attorney to work out sentencing agreements, monitor imposed sanctions, and represent participants in Recovery Court hearings.

Your **Probation Officer** will monitor your progress throughout the phases of the program, including both Court ordered and voluntary activities. Weekly reports will be provided to other team members regarding your compliance with treatment, drug testing, and other requirements in order for the team to provide recommendations to the Recovery Court Judge.

The **Recovery Court Coordinator** maintains written and electronic files on all participants. The Coordinator can provide explanations of the program, make referrals for services such as educational or employment programs, and attends weekly team staffing.

The **treatment providers** are also an important part of the team process. They communicate regularly with your Probation Officer and Coordinator about your progress and compliance, and also attend weekly staffing with the Judge.

Other members of your team include family, friends, and any other positive supports in the community to help you in your recovery.



PHASES

The Recovery Court program is a five phase program for those individuals who are motivated for a drug-free lifestyle. You must be willing to commit to the entire program, which depending on your individual progress, will be a minimum of a 24 month Probation sentence. If you enter the program and demonstrate perfect compliance and sobriety, you may be given the opportunity to complete the program in a much shorter amount of time. If you are unsuccessfully terminated from this program, you may be re-sentenced to any possible penalties related to your original convicted offense.

Each program phase consists of specific treatment objectives and probation requirements necessary to advance to the next phase. You will complete a clinical treatment intake with National Institute for Change upon entry. This will determine the level of treatment you will attend. Your treatment schedule may include options such as residential treatment, group therapy, and individual sessions that are best suited to help you be successful. This treatment plan will be mandatory, and failure to attend or participate will result in a sanction from the Court. Treatment schedules are not based on program phases, and in order to progress through treatment – you must be attending, participating, and demonstrating what you are learning. You will need to complete a Phase Application and have it approved to move phases.

Recovery Court Program Phases include:

Orientation (*Minimum of 2 weeks*)

- During the Orientation period, you will start all of your Recovery Court services as soon as you are sentenced to the program.
 - ❖ Complete your treatment intake
 - ❖ Attend any required treatment sessions
 - ❖ Complete intake and following appointments with your Probation Officer
 - ❖ Submit random urine screens
 - ❖ Attend Recovery Court weekly
 - ❖ Complete any court responses ordered
 - ❖ Apply for Medicaid or provide proof of insurance
 - ❖ Meet requirements of probation case plan and goals of treatment plan
 - ❖ Submit application to move to Phase 1

If after 60 days in Recovery Court you remain in Orientation, you will be required to provide a minimum \$5 co-pay for treatment services.

In order to complete Orientation, you must have perfect attendance at all of these requirements for a minimum of two consecutive weeks. The foundation of Recovery Court is to “show up and be honest,” and the Recovery Court team will expect this from you throughout your time in the program in order to progress.

Phase I (*Minimum of 30 Days*):

- Once in Phase I, you will continue
 - ❖ Attend weekly or bi-weekly reviews in Court with the Judge
 - ❖ Attend any required treatment sessions
 - ❖ Attend regular appointments with your Probation Officer
 - ❖ Submit frequent random urine screens.
 - ❖ Complete any court responses ordered
 - ❖ Identify your pro-social supports
 - ❖ Have stable housing with verification
 - ❖ Submit a monthly budget
 - ❖ Meet requirements of probation case plan and goals of treatment plan
 - ❖ Submit application to move to Phase II at least 1 week prior to eligibility.

You will be assessed for ability to contribute towards treatment services by your Probation Officer, and may be responsible to pay for a portion of your treatment services. **If after 60 days in Recovery Court you remain in Phase I, you will be required to provide a minimum \$5 co-pay for treatment services.**

In order to progress to Phase II, you must be in compliance with treatment requirements and demonstrate a minimum of 30 consecutive days of sobriety with no positive, missed, tampered, or dilute drug screens.

Dilute UAs are treated as tampering in this program, and will result in a loss of sobriety days as well as a sanction from the Court.

Phase II (Minimum of 120 Days):

- Now that you have graduated to Phase II, you will:
 - ❖ Attend Court reviews with the Judge on a bi-weekly basis
 - ❖ Attend any required treatment sessions
 - ❖ Attend regular appointments with your Probation Officer
 - ❖ Submit to random urine screens
 - ❖ Complete any court responses ordered
 - ❖ Obtain sober and supportive housing.
 - ❖ Complete an education/employment plan
 - ❖ List out the required support groups for Phase III
 - ❖ Identify your Board of Directors
 - ❖ Submit an updated monthly budget
 - ❖ Meeting requirements of probation case plan and goals of treatment plan
 - ❖ Submit application to move to Phase III at least 1 week prior to eligibility



During this Phase, you will be responsible for the cost of your urine screens. You will be assessed for ability to contribute towards treatment services by your Probation Officer, and may be responsible to pay for a portion of your treatment services.

In order to progress to Phase III, you must be in compliance with all probation and treatment requirements, and demonstrate a minimum of 90 consecutive days of sobriety with no positive, missed, tampered, or dilute drug screens.

Phase III (Minimum of 180 Days):

- In Phase III, you will continue to have less requirements with the Recovery Court.
 - ❖ Attend Court reviews with the Judge on a monthly basis
 - ❖ Attend any required treatment sessions and have completed any treatment groups before moving to Phase 4
 - ❖ Attend appointments your Probation Officer less often.
 - ❖ Submit random UAs
 - ❖ Complete any court responses ordered
 - ❖ Complete a proposal for your Restorative Justice Project and have it approved
 - ❖ Obtain gainful and verifiable employment approved by your Probation Officer
 - ❖ Maintain sober and supportive housing
 - ❖ Attend at least 3 sober support groups
 - ❖ Have your Aftercare packet completed
 - ❖ Be in compliance with your court payment plan for at least 3 months
 - ❖ Submit an updated monthly budget
 - ❖ Meet requirements of probation case plan and goals of treatment plan
 - ❖ Submit application to move to Phase IV at least 1 week prior to eligibility

During this Phase, you will be responsible for the cost of your urine screens. You will be assessed for ability to contribute towards treatment services by your Probation Officer, and may be responsible to pay for a portion of your treatment services.

In order to progress to Phase IV, you must be in compliance with/successfully complete treatment requirements, and demonstrate a minimum of 90 consecutive days of sobriety with no positive, missed, tampered, or dilute drug screens.



Phase IV – Aftercare Phase (Minimum of 90 Days):

- Now that you are in the Aftercare Phase, you will have less contact with the Recovery Court, but will be required to be involved in sober outside supports on a more regular basis.
 - ❖ Complete Aftercare Plan and get approved
 - ❖ Attend reviews with the Judge on a monthly basis
 - ❖ Attend any required treatment sessions
 - ❖ Attend community support groups at least once per month to promote ongoing recovery
 - ❖ Maintain gainful and verifiable employment with proof to your Probation Officer every meeting
 - ❖ Submit random urine screens
 - ❖ Attend appointments with your Probation Officer less often
 - ❖ Maintain sober and supportive housing.
 - ❖ Complete Restorative Justice Project with proof provided to your Probation Officer with 90 days of entering Phase IV
 - ❖ Submit an updated monthly budget
 - ❖ Be in compliance with your payment plan
 - ❖ Meet requirements of probation case plan and goals of treatment plan
 - ❖ Submit application for Graduation to team within 2 weeks prior to eligibility.

By this time, you will be expected to be fully responsible for payment of your drug testing and any remaining treatment services – typically around \$100 per month.

In order to graduate from Recovery Court, you must demonstrate a minimum of 90 days of consecutive sobriety with no positive, missed, tampered, or dilute drug screens. Prior to being set for Graduation, you must prepare an Aftercare Plan to be approved by the Recovery Court team, and submit proof of completion of your Restorative Justice Project. Most importantly, your friends and family will be invited to join you in a Graduation Ceremony to celebrate your hard work in successfully achieving your goal of a drug-free lifestyle.





CONFIDENTIALITY

State and federal regulations require that your identity and privacy be protected. To comply with these regulations, the JCRC Team and treatment providers have developed policies and procedures that guard your privacy. You will be required to sign a *release of information* for all members of the Recovery Court team. The consent allows confidential substance abuse information to be used for the purpose of monitoring your progress in treatment and when necessary, determining appropriate changes in your treatment or other program requirements or appropriate rewards or interventions.



INCENTIVES, SANCTIONS, and TREATMENT RESPONSES

Frequent Court appearances allow the Recovery Court team the opportunity to respond quickly to your behaviors and your treatment needs, whether positive or negative.

Rewards, or incentives, will be offered to reinforce sobriety, motivation and pro-social behaviors. Rewards can be provided by any member of the team, in a variety of ways, when you demonstrate compliance and progress toward your goals. This may include bus passes, movie tickets, gift cards, event tickets, opportunities to enter monthly drawings for prizes, or less frequent monitoring and court appearances.

Interventions, or sanctions, also provide the Court ways to help you change your behavior in meaningful ways. Interventions are imposed every time a non-compliant behavior occurs. The sanctions imposed will increase in severity for serious violations as well as repeated violations. Sanctions can be imposed by any member of the team and will be used for the entire time you are involved with the Recovery Court program. Sanctions may result from non-compliance with Court orders, the Recovery Court contract, or any other terms and conditions of probation. Examples of these sanctions include job logs, work crew, community service, increased court appearances or monitoring, as well as jail.

Due Process, in Recovery Court you will be subject to jail sanctions for certain program violations. You have the right to a hearing if you do not admit to engaging in the specific behavior you are being sanctioned to jail for. You will right to be represented by counsel, the right to testify, and cross examine and call witnesses.

Treatment responses are interventions by the Court and your team to help you progress in treatment. The interventions are not sanctions, but attempts to support your recovery process. Treatment responses may include sober support meetings, mental health appointments, medially assistance treatment appointments, treatment papers, and increased levels of treatment.

One of the most important principles of the Recovery Court Program is **“Show Up and Be Honest.”** You are expected to show up to all appointments, treatment services, UAs and Court. Failure to do so will result in a sanction from the team. Failure to show up to Court will result in an arrest warrant. You are also expected to have open communication with your Probation Officer, therapist, and the Recovery Court Judge about any drug use or violations, and to reach out to them when you are struggling. Dishonesty will result in a more severe sanction from the team.



RESTORATIVE JUSTIC PROJECT

Throughout the course of the Recovery Court program, you will be required to identify and restore the community that has been harmed as a result of your criminal behavior and substance abuse. Specific time frames have been established in order for you to work toward the ultimate goal of restorative justice. These steps will require measurable behaviors, not simply identifications and simple apologies. As you progress through the program, you will be required to identify and create a community service project specific to you, with the goal of completing these steps and restoring the community. The project must consist of 40 hours, or the equivalent, as approved by your Probation Officer. By Phase III, your Probation Officer will provide you with a proposal form to begin the process. You will be required to complete this Project prior to Graduation from the Recovery Court program.

CALENDAR AND TREATMENT JOURNAL

You will be provided a folder that you will bring with you to all Court ordered activities. You will need to have this with you at all times and include this handbook, a calendar, a treatment journal, and other necessary information. As you progress through the program, you will continue to add information in your folder to help you with organization and accountability.



TRAVEL REQUESTS

If you are requesting to travel out of state at any time, you must have all details approved by your Probation Officer and the Recovery Court team **in advance** of your travel. Travel is a privilege that must be earned through demonstrated sobriety and compliance with your Recovery Court requirements. Be sure to discuss any potential travel requests with your Probation Officer with as much advance notice as possible, as you will be required to find approved locations to submit to urine screens, and provide other documentation of your travel plans. Non-compliance with any Recovery Court requirements may result in a loss of previously approved travel privileges.

PRESCRIPTION DRUG POLICY:

- ✓ You are required to discuss any medications or prescriptions with your Probation Officer **prior** to taking them.
- ✓ You must provide thorough documentation from your prescribing physician for any conditions you have which require you to take a prescription.
- ✓ Failure to provide this documentation will be considered non-authorized use, and may delay your progress through the program or result in a sanction from the Court.
- ✓ Certain medications may be restricted in Recovery Court based on their potential for abuse.
- ✓ Below is an example list of prohibited substances that would require prior approval from your Probation Officer and the Recovery Court team.
- ✓ This list is not comprehensive, and you must communicate with your Probation Officer to receive approval to take **ANY** medications.



A	Depade	I	O	S
Acamprosate	Desoxyn	Inhalant	Opium	Secobarbital
Actiq	Dexedrine	K	Oramorph	Seconal
Adderall	Dextroamphetamine	Kadian	Orlaam	Soma
Alcohol	Dextromethorphan (DXM)	Kapanol	Oxycontin	Speed
Alprazolam	Dextromorphan	Ketamine	Oxycodone	Steroids
Ambien	Dextropropoxyphene	Klonopin	P	Stilnox
Amobarbital	Dextrostat	L	PCP	Sublimaze
Amphetamine	Di-Gesic	LSD	Palladone	Suboxone
Amytal	Diazepam	Laudanum	Panacet	Subutex
Anexsia	Dicodid	Levacetylmethadol (LAAM)	Pentobarbital	Symtan
Antabuse	Dilaudid	Librium	Percocet	T
Ativan	Disulfiram	Lorazepam	Percodan	Temesta
Avinza	Duodin	Lorcet	Peyote	Tramadol
B	Duragesic	Lortab	Phenobarbital	Tramal
Biocodone	Duramorph	Luminal	Psuedoephedrine	Triazolam
Buprenorphine	E	M	Q	Tussionex
Butalbital	Ecstasy and MDMA	MS Contin	Quaalude	Tylox
Butorphanol	F	MSIR	R	
C	Fentanyl	Marijuana	ReVia	U
Campral	Fioricet	Meperidine	Ritalin	Ultram
Carisoprodol	Fiorinal	Mescaline	Rohypnol	V
Chlordiazepoxide	Flunitrazepam	Methadone	Roxanol	Valium
Clonazepam	G	Methadrine	Roxicodone	Vicodin
Clonidine	GHB	Methamphetamine	Ryzolt	Vicoprofen
Cocaine	H	Methaqualone		Vivitrol
Codeine	Halcion	Methylphenidate		X
Concerta	Hash	Morphine		Xanax
Crack Cocaine	Heroin	Mushrooms		Xodol
Crystal Meth	Hycodan			Z
D	Hydrococet	N		Zolpidem
Damason-P	Hydrocodone	Naltrexone		Zydone
Darvocet	Hydromorphone	Nembutal		
Darvon		Neurontin		
Demerol				
Depade				



IMPORTANT NUMBERS and PEOPLE

JUDGE: Judge Russell

COURT COORDINATOR: Tara Rienow 720-772-2685

JEFFERSON COUNTY PUBLIC DEFENDERS OFFICE: 303-279-7841

PROBATION OFFICERS: Meghan Winckler 720-772-2315

Michelle Foust 720-772-2348

Addiction Research Treatment Specialists (ARTS) : 303-935-7004

6303 Wadsworth Bypass,
Arvada, CO 80003

Mile High Behavioral Health : 303-825-8113

4242 Delaware Street
Denver, CO 80216

RANDOM URINE SCREEN NUMBER: 303-552-0646 or

303-552-0624 or

www.mycallin.com

MY SPONSOR: _____

SUPPORT SYSTEM: _____

OTHER TELEPHONE NUMBERS I NEED:

