

# JITC Participant Contract

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## ***Mission Statement***

The mission of the Juvenile Integrated Treatment Court (JITC) is to integrate substance abuse treatment, mental health treatment, intensive family services, intensive supervision, and substantial judicial oversight for juveniles and their families who are involved in the juvenile delinquency system in order to improve individual and family functioning and promote public safety.

## ***Incentives & Sanctions***

Each time you come to court, the treatment team will decide whether you will receive an incentive, a sanction, or neither. This decision will be based on several factors, including your attendance and participation in treatment, drug screen results, and general progress in the program. While incentives and sanctions may not be exactly the same for everyone, they will be fair, and the Judge/Magistrate will explain the specific reasons for the response chosen.

Incentives are awarded for making positive steps toward attaining a drug-free, crime-free lifestyle. Incentives may include verbal recognition from the Court, applause, dismissal of charges, promotion to the next phase, gift cards, tokens, decreased supervision or other special gift for you.

The goal of the JITC is to help you become clean and sober. Overcoming substance abuse is not an easy process and there may be setbacks. Setbacks do not automatically disqualify you from the program; however, you will be subjected to graduated sanctions. Possible sanctions include intensive supervision through the BEST Program, community service, home detention, school/work release program or time in detention. In the event you are given a sanction, its severity will depend upon several factors, including how long you've been in the program, your history of compliance or noncompliance, phase, previous sanctions imposed by the Court, and the nature of the infraction.

## ***Program Phases***

The phase requirements outlined below reflect the minimum necessary to move to the next phase. Some clients may have additional requirements, depending upon their specific situation. Also, the time frames below also represent the shortest time possible before advancement to the next phase. The program takes approximately 6 - 8 months to complete.

The table below outlines the specific requirements and timelines for each phase:

<b>Phase</b>	<b>Court</b>	<b>Probation</b>	<b>DHHS</b>
Phase 1 (Minimum of 4 weeks)	Bi-weekly reviews; attendance and family engagement = success; meet 1 of 3 goals; initial sobriety; initial TDM.	1 office or field visit/week 1 home visit/month 1 parental contact/week Drug screens 8 - 10/month Curfew 7:00 PM	1 office or field visit/week 1 home visit/month 1 parental contact/week
Phase 2 (Minimum of 4 weeks)	Bi-weekly reviews; meet 1 of 3 goals; a pattern of sobriety.	1 office or field visit/week 1 home visit/month 1 parental contact/week Drug screens 6 - 8/month Curfew 8:00 PM	1 office or field visit/week 1 home visit/month 1 parental contact/week
Phase 3 (Minimum of 4 weeks)	Bi-weekly reviews; meet 2 of 3 goals; a consistent pattern of sobriety; TDM.	1 office or field visit/week 1 home visit/month 1 parental contact/week Drug screens 6 - 8/month Curfew 8:00 PM	1 office or field visit/week 1 home visit/month 1 parental contact/week
Phase 4 (Minimum of 4 weeks)	Bi-weekly reviews; meet 2 of 3 goals; a consistent pattern of sobriety; engage in 1 ongoing pro-social activity.	3 office visits/month 1 home visit/month 2 parental contacts/month Drug screens 4 – 6/month Curfew 9:00 PM	1 office or field visit/week 1 home visit/month 1 parental contact/week
Phase 5 (Minimum of 4 weeks)	Bi-weekly reviews; meet 3 of 3 goals; a substantial pattern of sobriety; TDM to establish aftercare plan; engage in 1 ongoing pro-social activity.	3 office visits/month 1 home visit/month 2 parental contacts/month Drug screens 4 – 6/month Curfew 9:00 PM	1 office or field visit/week 1 home visit/month 1 parental contact/week
Phase 6 (Minimum of 4 weeks)	Bi-weekly or monthly reviews; meet 3 of 3 goals; a substantial pattern of sobriety; 4 weeks practicing aftercare plan; engage in 1 ongoing pro-social activity.	3 office visits/month 1 home visit/month 1 parental contact/month Drug screens 4 – 6/month Curfew 10:00 PM	1 office or field visit/week 1 home visit/month 1 parental contact/week

### ***How to be Successful in the JITC***

By following a few basic expectations, you can greatly increase your chances of successfully completing the program:

- Attend all court hearings, meetings, and appointments.
- Comply with the requirements of your treatment plan.
- Stay in touch with your probation officer and your attorney. Be sure they always have a current address and telephone number in case they need to reach you.
- Be as organized as possible. You will need to keep track of lots of meetings, court dates and appointments. A calendar or day-timer is very helpful.
- If you are not sure about any requirements or expectations, ask your probation officer.
- Maintain a full time school and/or work schedule.
- Maintain sobriety.
- Abide by the law
- Participate in pro-social activities.
- **Be honest.** Honesty is more important than anything else. Without it, there is no recovery.

### ***Prescription Drug Use***

All participants will be expected to inform their health care providers of their addiction issues so that informed decisions can be made when prescription medications are being considered. In the event that prescription medications are deemed necessary, participants should make every effort to obtain a non-narcotic alternative, if one is available. Participants will be expected to notify their caseworker within 24 hours of being placed on a prescription medication, or if any changes are made to existing prescriptions. Failure to do so will result in a sanction.

**NOTE:** In an effort to ensure full disclosure, participants are required to provide their health care provider with the ITC Doctor's Notice when attending medical or dental appointments, provided by the caseworker. This form contains your probation officer's contact information and requires the doctor's signature.

Participants with a history of abusing prescription drugs, or who have been prescribed potentially habit-forming medications, may be subject to additional requirements. These may include:

- Being restricted to one prescribing physician.
- Agreeing to work with your physician to discontinue use of a potentially habit-forming medication.

**NOTE:** Individuals may not possess a medical marijuana certificate while in the program.

### ***“Designer” Drug Use***

The possession or consumption of any “designer” drugs such as “Spice,” “bath salts,” etc., whether purchased legally or illegally, is strictly prohibited and subject to sanction. Such substances are often sold or marketed under false pretenses and labeled “Not for Human Consumption,” though they are purchased for the purpose of getting a “high.”

### ***Graduation Criteria***

In order to successfully complete the JITC, the following criteria must be met:

1. Participant has completed all treatment and court monitoring phases.
2. Participant has completed all terms and conditions of probation that have not been waived or eliminated.
3. The JITC Team is satisfied that:
  - a. Participant has sober and secure housing.
  - b. Participant has sufficient supports available in the community to remain sober and stable.
  - c. Participant has developed a long-term sobriety plan.

### ***Termination from the JITC***

While every member of the JITC Team is committed to helping you successfully complete the program, there are certain events that can result in your being terminated. The following are reasons for possible termination from the JITC:

1. Participant disappears from probation supervision and fails to contact Probation and request participation in JITC within one month of last contact.
2. Participant moves away from the area in which Public Health or other necessary provider can provide treatment.
3. Participant is arrested for an offense that disqualifies him or her from participation whether the conduct occurred before or after participation in the JITC began. An arrest for non-disqualifying offenses will not suspend JITC participation unless the participant is incarcerated. JITC participation could terminate if the incarceration for the new offense renders the participant unavailable for an unreasonable period of time.
4. Participant is determined to have a condition that would prevent the participant from participating in or achieving benefits from the JITC’s clinical programs.
5. Participant fails to progress through the program phases within a reasonable period of time.
6. Participant makes threats or engages in acts of violence toward treatment providers or other program participants.
7. Display of inappropriate, disruptive or non-compliant behavior that cannot be resolved by the treatment provider and that makes group participation unworkable.

### ***Sober Living Environment***

In order to support the participant's efforts to remain clean and sober, it is expected that parents, siblings and other household members will abide by the following rules:

- No alcohol or drugs in the home or on the property.
- Family members must always be sober around their teen.
- For MMJ or other prescription drugs:
  - Must be under a doctor's care for on-going medical treatment.
  - Must sign a release for DHHS to speak with doctor.
  - All medications and/or MMJ must be stored where JITC teen is unable to access.
- Family members may be required to participate in UAs if there are concerns or suspicions that they are using.

If the family member is unable to meet these guidelines and/or would like support to help them meet these guidelines, a referral for treatment will be made.

By signing below, I acknowledge that I have read, or have had explained to me, the contents of this contract. I also acknowledge that I have received a copy of the Participant Handbook.

\_\_\_\_\_

Juvenile

\_\_\_\_\_

Date

\_\_\_\_\_

Parent/Guardian

\_\_\_\_\_

Date

\_\_\_\_\_

Parent/Guardian

\_\_\_\_\_

Date

\_\_\_\_\_

Probation Officer

\_\_\_\_\_

Date